



BrookNotes

May 2011

The Newsletter of the Brookwood Hills Community

Volume XXIV, No. 5

Beltline Gets its Northside Start in Ardmore Park

By Kimberly Ferro

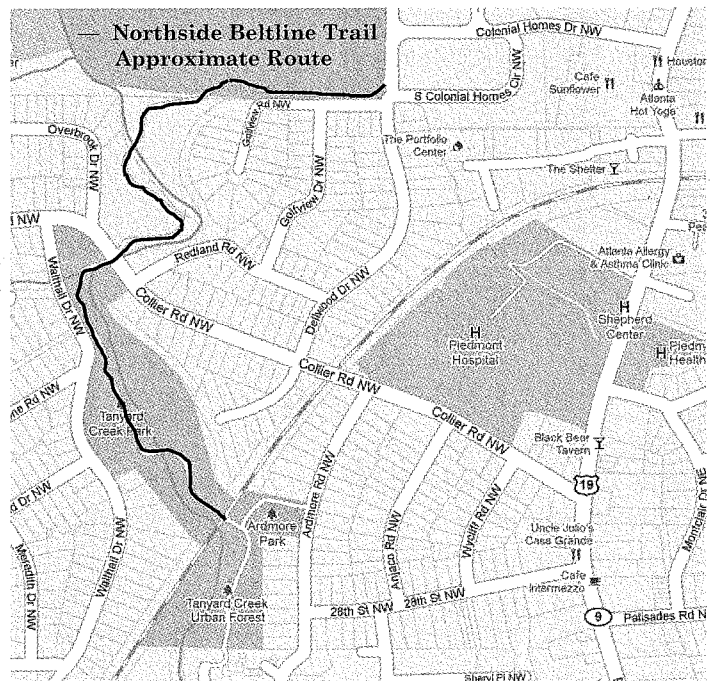
Despite opening just over a year ago, the Atlanta BeltLine Northside Trail could go unnoticed by Brookwood Hills residents. That seems hard to believe given that the trail is part of Atlanta's high-visibility BeltLine project and given its location across Peachtree. But for many of us in the neighborhood, we are just now discovering the improvements to the park and the trail that leads from it.

The trail is the second segment of the BeltLine to be completed and the first on the north side of Atlanta. It stretches from the CSX railroad trestle at the south end of Tanyard Creek Park, through the park, under Collier Road and through Bobby Jones Golf Club to Colonial Homes. The first segment was in the West End area of the city.

Constructed by the PATH foundation, the trail used innovative root-bridging techniques to save and showcase old growth trees and preserve the natural environment. To preserve creek water quality, the trail is tilted slightly away from the creek and rainwater that falls on the trail flows away from the creek, drains through the surface, travels underneath the trail, through the gravel and cleans itself before it flows into the creek. The Environmental Protection Division is going to advocate this approach to future trail builders. The project as a whole has been held up as a new model for building urban multi-use trails while preserving historical and natural beauty, according to the BeltLine website.

And more of the BeltLine is on its way with opening ceremonies planned for three more completed segments in May and June, furthering progress toward an uninterrupted network of parks and trails circling Atlanta. Until the BeltLine becomes a reality, though, the Northside Trail gives us a view of what's to come, provides a wonderful combination of play areas and is a great place to walk, bike or jog — right in our own backyard.

For more information visit: www.beltline.org.





BROOKNOTES

BrookNotes is published monthly for residents of Brookwood Hills on behalf of the Brookwood Hills Community Club, 77 Wakefield Drive, Atlanta, Ga. 30309. BrookNotes is sponsored on alternate months by Patti Junger of Coldwell Banker Residential Brokerage and Sarah Hagood of Specialty Homes, Inc.

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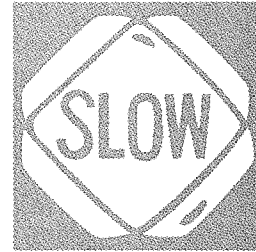
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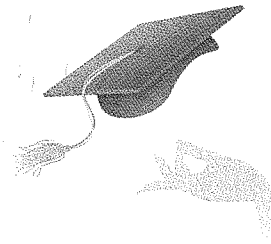
Security Alert Signs

When you see the **Security Alert signs** posted at the entrances to our neighborhood, please call the **Brookwood Hills Security Information Line at 404-325-5114** for details concerning a recent security incident. These signs are a signal that an incident has occurred in the neighborhood and the information has been recorded on the hotline. The cell phone number for the neighborhood security patrol is **404-242-3321**.



Please Watch Your Speed

With summer fast approaching, we will have more small children on our sidewalks, kids on bicycles and people out exercising. Please use caution driving in our neighborhood, especially at this time of year.



Don't Forget to Send in News of Our Graduates!

Please submit your announcements to BrookNotes (brooknotes@brookwoodhills.com) no later than June 8th, 2011. We will publish all submissions in the June issue of BrookNotes.

BrookNotes welcomes articles, art work, photographs and story ideas. The deadline for the next issue of *BrookNotes* is Wednesday, June 8th, 2011. Submissions may be e-mailed to brooknotes@brookwoodhills.com or dropped off at 144 Huntington Road.

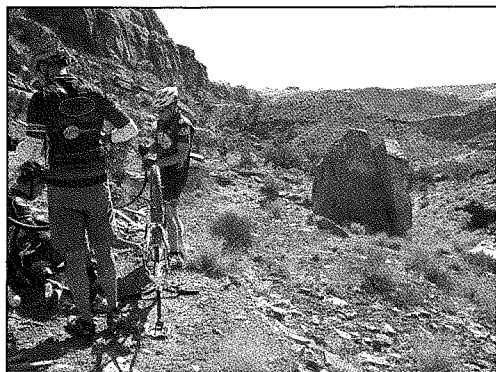
Brookwood Hills Bikers—The Tradition Lives On

By David Lee & Harold Solomon

BWH neighbors David Lee and Harold Solomon want to share the fun of mountain biking with the neighborhood. It will be an easy ride on mountain bike trails just off of Holcomb Bridge Rd at 400. The trail is called Blankets Creek. Have a good early lunch, then meet at David Lee's garage (corner of Woodcrest and Huntington) at **12:30pm on Saturday afternoon June 19th**. We'll pile as many bikes and riders into as few cars/trucks as possible and head to the trails. We'll ride no more than 1 hour and plan to be back by 4:00pm.



Bikers on Brighton Road circa 1933



BWH neighbors Mike McCollum, David Lee and Harold Solomon recently returned from mountain biking in Moab, UT. At least, that was the plan. Here they are repairing the fifth flat of the day's ride.

ALL AGES AND SKILL LEVELS ARE WELCOME! David and Harold are bringing their 9 and 10 year old sons. Anyone who can ride a bike, age 6 and up can ride this trail. **Questions?:** Call or email David at (404) 290-2338 david@trinityaviationgroup.com or Harold at 404-819-7719.

Here's what to bring:

- Water bottles mounted to your bike or a camel back (a clever backpack with a water bladder and a straw)
- Mountain bike - bring it to the Lee's (corner of Woodcrest and Huntington) at 12:30 on June 10th and we'll make sure it's ready to ride
- Helmet
- Biking gloves (optional)

Neighborhood Friend and Postman, Jimmy Brittain, Retiring

By Marcia Abernethy & Alison Caughman

For twenty-seven years Jimmy Brittain has served much of Brookwood Hills as our faithful postman. When he first was assigned to the neighborhood, the deliveries were handled by four letter carriers. That number dropped to three and now Jimmy is one of two who cover Brookwood Hills. He is responsible for the mail delivered to Wakefield, Brighton, Camden, Palisades, Parkdale, and Montclair. Over the years he has almost become a part of our families as our babies were born, raised and launched into adulthood. His cheerful wave and smile have faithfully brightened our days.

Jimmy is retiring June 1st and we think a fitting tribute would be to collect thank you cards and letters from Brookwood Hills neighbors so that we can present them to him at one time. **If you would like to participate, please drop off your card or note to Marcia Abernethy (336 Camden Road) or Alison Caughman (200 Camden Road) by May 20th.** If you would like to include cash or a thank you check, made out to Jimmy, that would be great too, but it is certainly not a requirement for you to participate.

Brookwood Hills—2011 Neighborhood Membership

Thank you to all our neighbors who joined the BWHCC for 2011. The following list is as of mid-May. In next month's issue, we will include any new members and also correct any errors or omissions from this list. Please contact Mary Long at 5longs@bellsouth.net if any of the information below is incorrect.

Last Name	Address	Type	Last Name	Address	Type	Last Name	Address	Type
Gardner	21 Brighton	B	Segraves	216 Brighton	S	McCormack	228 Camden	B
Simon	22 Brighton	A	Guidry	220 Brighton	A	Malino	229 Camden	A
Stacy	28 Brighton	S	Morris	230 Brighton	S	Anderson	232 Camden	A
Crosby	34 Brighton	S	Brooks	235 Brighton	S	Johnston	233 Camden	A
Irvin	40 Brighton	S	McCollum	240 Brighton	A	Adcock	237 Camden	B
Zelby	45 Brighton	S	Wilgus	244 Brighton	S	Tolleson	241 Camden	A
Williams	47 Brighton	A	Henderson	250 Brighton	B	DiBiase	245 Camden	A
Newton	49 Brighton	A	Hardison	252 Brighton	A	Frank	272 Camden	B
Brannen	52 Brighton	A	Jeter	255 Brighton	S	Vroon	275 Camden	A
Crum	55 Brighton	S	Diehl	260 Brighton	B	Zabor	284 Camden	A
Kennedy	58 Brighton	S	Brown	265 Brighton	A	Davies	294 Camden	A
Primm	64 Brighton	B	Henderson	275 Brighton	A	Cox	295 Camden	A
Hanson	69 Brighton	A				Adams	300 Camden	A
Nichols	70 Brighton	B	Chew	7 Camden	S	Mulcahy	303 Camden	A
Meadows	76 Brighton	B	Comer	11 Camden	A	Cook	309 Camden	S
Bland	82 Brighton	A	Carroll	12 Camden	A	Barnhart	310 Camden	A
Jones	83 Brighton	A	Redella	23 Camden	B	Bass	315 Camden	A
Millican	89 Brighton	A	Bakke	24 Camden	A	Granade	318 Camden	B
Mills	94 Brighton	A	Dan	29 Camden	A	Curry	330 Camden	B
Mattie	97 Brighton	A	Moynihan	30 Camden	S	Jenkins	331 Camden	A
Klare	101 Brighton	S	Leventhal	33 Camden	A	Abermethyl	336 Camden	B
Koebler	102 Brighton	A	Tranakos	34 Camden	A	Martin	347 Camden	B
King	106 Brighton	A	Wiggins	37 Camden	S	Eckl	348 Camden	B
Magruder	110 Brighton	A	O'Halloran	41 Camden	A	Miller	355 Camden	S
Nevin	111 Brighton	A	Schroeder	45 Camden	A	Wabler	356 Camden	A
Leigh	114 Brighton	A	Armentrout	46 Camden	A	Monroe	368 Camden	A
Ferro	118 Brighton	A	Schapiro	49 Camden	A	Britton	369 Camden	A
Long	119 Brighton	S	Dixon	53 Camden	A	Wickland	377 Camden	A
Harris	122 Brighton	A	Attridge	54 Camden	A	Connell	385 Camden	B
Whitney	129 Brighton	A	Heiner	57 Camden	A			
Fransen	130 Brighton	A	Armstrong	58 Camden	A	SCAD	32 Huntington	B
Murphy	130 Brighton	B	Martin	66 Camden	A	Szwast	35 Huntington	A
Coley	134 Brighton	B	Gilham	106 Camden	B	Wilson	39 Huntington	A
Fiore	137 Brighton	A	Rabel	191 Camden	B	Smurda	43 Huntington	A
Jenkins	138 Brighton	A	Alexander	199 Camden	A	McCune	44 Huntington	A
Palmer	139 Brighton	A	Caughman	200 Camden	S	Barrett	49 Huntington	A
Porter	142 Brighton	A	Oser	204 Camden	B	Silliman	50 Huntington	B
Walker	145 Brighton	S	Richey	209 Camden	B	Summers	60 Huntington	B
Tardy	146 Brighton	A	McGinty-Mock	210 Camden	A	Wilson	63 Huntington	A
Mattingly	197 Brighton	A	Copeland	214 Camden	S	Novy	67 Huntington	B
Smock	201 Brighton	A	Johnston	215 Camden	S	Minson	71 Huntington	A
Gitomer	209 Brighton	A	Easterly	218 Camden	B	Rogers	80 Huntington	A
Payne	210 Brighton	A	Sweeney	219 Camden	S	Lee	82 Huntington	A
Jackson	211 Brighton	A	Williams	221 Camden	A	Watson	83 Huntington	A
Walton	213 Brighton	S	Blume	222 Camden	A	Ventulett	89 Huntington	A
Parker	215 Brighton	S	Brown	226 Camden	B	Nadal	90 Huntington	A

(continued from prior page)

Last Name	Address	Type	Last Name	Address	Type	Last Name	Address	Type
Webster	91 Huntington	A	Boykin	61 Montclair	A	Stokes	129 Palisades	S
Gebhardt	98 Huntington	A	Bird	64 Montclair	A			
Richardson	101 Huntington	A	Kohla	67 Montclair	S	Bernhardt	232 Parkdale	S
Stevens	106 Huntington	A	Bellavia	74 Montclair	A			
Hood	110 Huntington	A				Murphy	23 Wakefield	B
Moore	111 Huntington	A	Sapp	15 Northwood	B	Cirincione	24 Wakefield	A
Mullinax	116 Huntington	B	McDonogh	18 Northwood	S	Sayers	27 Wakefield	A
Cardwell	121 Huntington	A	Smith	21 Northwood	B	Burke	30 Wakefield	S
Zent	122 Huntington	A	Wilbert	22 Northwood	A			
Frick	125 Huntington	A	John	23 Northwood	A	Bray	31 Wakefield	B
Waldrop	128 Huntington	A	Granot	24 Northwood	A	Nichols	33 Wakefield	A
Cahillane	129 Huntington	A	Donaldson	27 Northwood	S	Mintz	35 Wakefield	A
Miller	134 Huntington	A	Jones	30 Northwood	A	Berman	36 Wakefield	A
Fuson	144 Huntington	A	Wilbert	31 Northwood	A	Weems	44 Wakefield	B
Normark	150 Huntington	A	Kennedy	35 Northwood	B	Brooks	48 Wakefield	B
Gaughen	156 Huntington	B	Topfl	39 Northwood	A	Garren	52 Wakefield	A
Higgins	160 Huntington	A	Padilla	40 Northwood	A	McCaul	68 Wakefield	B
Watson	163 Huntington	A	Kotchen	44 Northwood	A	Shirley	78 Wakefield	B
murphy	168 huntington	B	Law	47 Northwood	A	Perkey	80 Wakefield	A
Paulhus	172 Huntington	B	Bates	48 Northwood	A	Thompson	81 Wakefield	A
Grice	176 Huntington	S	McCarthy	57 Northwood	A	Cooper	85 Wakefield	A
Quick	177 Huntington	B				Player	90 Wakefield	S
Holliday	185 Huntington	A	Luxemburger	14 Palisades	S	Hopkins	95 Wakefield	S
Kronauge	187 Huntington	A	Solomon	17 Palisades	A	Doyle	105 Wakefield	S
Hogshead	191 Huntington	A	Banta	18 Palisades	S	Martin	108 Wakefield	B
Hagood	205 Huntington	S	Berga	21 Palisades	A	Carpenter	109 Wakefield	A
Cochran	220 Huntington	A	Gambrell	22 Palisades	B			
Mertens	225 Huntington	A	Pless	25 Palisades	A	Ross	16 Woodcrest	S
Potts	231 Huntington	B	Wood	34 Palisades	B	Dierdorff	22 Woodcrest	A
Heisel	235 Huntington	S	Wheeler	35 Palisades	B	Moorman	23 Woodcrest	A
Jackson	240 Huntington	A	Kelso	37 Palisades	B	Ray	25 Woodcrest	S
Carr	243 Huntington	A	Loughran	38 Palisades	A	Simons	30 Woodcrest	S
Doman	255 Huntington	A	Ottley	39 Palisades	S	Hatcher	31 Woodcrest	A
			Holladay	41 Palisades	B	Dana	34 Woodcrest	S
Burgess	4 Montclair	S	Pope	50 Palisades	S	Fisher	35 Woodcrest	B
Dawson	6 Montclair	S	Pettway	51 Palisades	B	Jenkins	39 Woodcrest	S
McGibbon	8 Montclair	S	Junger	60 Palisades	S	Clemons	40 Woodcrest	B
McLaughlin	14 Montclair	A	Fox	61 Palisades	S	Murphy	43 Woodcrest	S
Richardson	10 Montclair	A	Saunders	67 Palisades	S	Abney	46 Woodcrest	B
Banister	17 Montclair	B	Goldstein	70 Palisades	B	Hunsinger	47 Woodcrest	S
Fowler	20 Montclair	A	Marietta	73 Palisades	B	White	50 Woodcrest	A
Stumm	21 Montclair	S	White	75 Palisades	B	Fisher	51 Woodcrest	A
Stack	27 Montclair	A	Gentry	84 Palisades	A	Riedel	53 Woodcrest	A
Long	30 Montclair	A	Sumner	90 Palisades	S	McKenzie	55 Woodcrest	B
Morris	45 Montclair	A	Nagle	100 Palisades	A	Katz	56 Woodcrest	A
Welf	46 Montclair	A	Jackson	110 Palisades	A	Wheeler	57 Woodcrest	A
Simmermon	52 Montclair	B	Wanamaker	115 Palisades	A	Howell	59 Woodcrest	A
Battin	55 Montclair	A	Trimble	119 Palisades	A			
Rinker	58 Montclair	A	Brooks	125 Palisades	A			

Membership Types:

A = Park, Social, Pool and Tennis Privileges

B = Park and Social Privileges Only

S = Senior Membership for Park, Social, Pool and Tennis Privileges

Summer Safety Alert: Drowning

Submitted by Mary Paige Adams

Editors Note: This article appeared on ModernMom.com in 2010. As we enter the pool season, it serves as an excellent primer on the warning signs of a swimmer in distress and serves as a reminder of how vigilant we need to be when our children are in the water.

Think drowning involves screaming, gasping, and flailing? Think it's easy to notice someone drowning? Well, you're wrong. Drowning is a silent killer. There's no splashing, waving, or calling for help of any kind. It's not like what you see on TV. Many people would not even notice another person drowning at just 30 yards away. Read on for tips on how to keep yourself and those you love safe from this silent killer whether at the beach or in your backyard pool.

The Facts About this Silent Killer

The Instinctive Drowning Response, a term coined by Francesco A. Pia, Ph.D., is what people instinctively do to avoid suffocation when drowning. The responses to drowning are undramatic and surprisingly quiet. Drownings are the leading cause of injury death for young children ages 1 to 4. Even scarier is that in a small but significant percentage of kids' drownings, an adult will have watched the whole process, not having a clue what was happening (Source: CDC).

Drowning Doesn't Look Like What You'd Expect

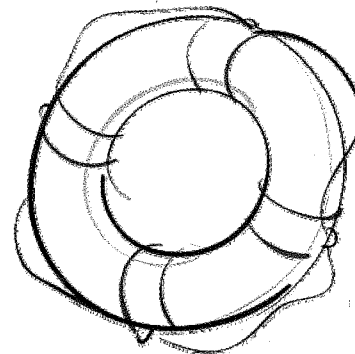
Dr. Pia, in an article entitled "It Doesn't Look Like They're Drowning" featured in the Coast Guard's *On Scene Magazine* (Fall 06), describes the typical drowning response as follows: "Except in rare circumstances, drowning people are physiologically unable to call out for help. The respiratory system was designed for breathing. Speech is the secondary or overlaid function. Breathing must be fulfilled before speech occurs. Drowning people's mouths alternately sink below and reappear above the surface of the water. The mouth of a drowning person is not above the surface of the water long enough to exhale, inhale, and call out for help. When the drowning person's mouth is above the surface, she exhales and inhales quickly as her mouth starts to sink below the surface of the water. Drowning people cannot wave for help. Nature instinctively forces them to extend their arms laterally and press down on the water's surface. Pressing down on the surface of the water permits drowning people to leverage their bodies so they can lift their mouths out of the water to breathe. Throughout the Instinctive Drowning Response drowning people cannot voluntarily control their arm movements. Physiologically, drowning people who are struggling on the surface of the water cannot stop drowning and perform voluntary movements such as waving for help, moving toward a rescuer, or reaching out for a piece of rescue equipment. From beginning to end of the Instinctive Drowning Response people's bodies remain upright in the water, with no evidence of a supporting kick. Unless rescued by a trained life-guard, these drowning people can only struggle on the surface of the water from 20 to 60 seconds before submersion occurs."

("Safety Alert: Drowning" continued from page 3)

Signs of Drowning

Watch for these signs the next time you're swimming with your kids or others:

- Head low in the water, mouth at water level
- Head tilted back with open mouth
- Hair over forehead or eyes
- Eyes glassy, empty and unable to focus
- Eyes closed
- Hyperventilating or gasping
- Not using legs
- Body is vertical and upright
- Trying to swim in a certain direction but not making progress
- Trying to roll over on the back



Other Pool Safety Resources:

<http://www.poolsafely.gov>

<http://www.safekids.org>

Stay Aware to Save a Life

Keep your eyes open for any oddities because even when things seem ok, they may not be. A good way to be sure is to ask your kid or the person you're swimming with if he or she is all right. If they are rather still, do not answer or have a blank stare, then you may have less than 30 seconds to get to them! As any parent knows, kids make noise in the water. If they are not making noise, find out why and get them out of the water ASAP.

North Atlanta Ladies Lacrosse Team Brings Home Big Win!

By Kathy Gentry



The North Atlanta High School Ladies Lacrosse team won the North Georgia Lacrosse League Championship, taking home the first place trophy. Despite being short one player in two of the qualifying games, the Lady Warriors managed to qualify for the championship game on May 1, which they won 10 to 7.

The Lady Warriors would like to thank the neighborhood again for its support, which was no small contribution toward their big win!

Brookwood Hills resident Brooke Gentry (far left) and members of the North Atlanta High School Ladies Lacrosse team show off their trophy

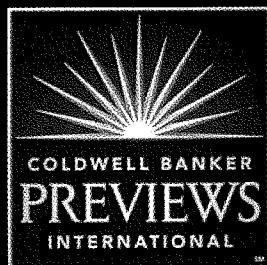
C L A S S I F I E D S

Babysitting

Quin Waldrop (age 14) is a rising 8th grader at Pace Academy and available to babysit during the month of June and August. She is CPR and babysitting certified through the Red Cross and Girl Scouts. Contact Quin at [404-509-1347](tel:404-509-1347).

CALENDAR

- **Friday, May 20, New Neighbor Party**, 7:00—10:00 p.m., Brookwood Hills Pool Pavilion.
- **Monday, June 6, BWHCC Board Meeting**, 7:15 p.m., at the home of Jill and Daniel Malino, 229 Camden.
- **Monday, July 4, Annual July 4th Party**, 12:00—1:30 p.m., Brookwood Hills Pool and Park.
- **Sunday, September 11, Ice Cream Social and Dog Swim**, 3:30—5:00 p.m., Brookwood Hills Park and Park Pavilion.
- **Monday, October 31, Halloween Party**, 4:00—6:00 p.m. Brookwood Hills Park and Park Pavilion.



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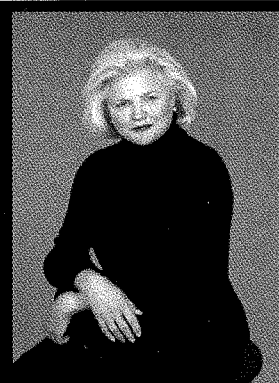
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